CULTIVATE WELLNESS
CHIROPRACTIC

Cultivate Wellness Chiropractic

Experts in Drug-Free Pediatric, Prenatal, and Family Health Care!

Dr. Zach Conner
Rochester Hills, MI Chiropractor

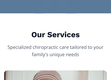
Workshops For Parents →

Our team is skilled in **Pediatric, Prenatal, and Family Chiropractic**. Click the button to learn how we care for you and your family!

New Patient Center →

Our Services

Specialized chiropractic care tailored to your family's unique needs



Pediatric

What truly distinguishes Cultivate Wellness is our deep specialization in pediatric care. We can achieve remarkable outcomes across a range of conditions, from soothing fussy and colicky babies to aiding children with children, and supporting kids and teens facing sensory and speech challenges.

Pediatric →

Prenatal

The cultivation of a thriving and healthy family starts during the prenatal period. Trained in the Webster Technique also with a gentle, neuro-focused approach, we provide premier care and support for moms from conception to postnatal care.

Prenatal →

Family

Parenting does not have to mean constant fatigue, stress, and burnout. At Cultivate Wellness, we save the journey with neuro-focused chiropractic care, promoting restful sleep, increased energy, and emotional balance for the whole family!

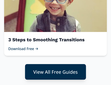
Family →

Free Guides for Parents

Download our expert resources to help your child thrive naturally

Raising Healthy Kids Naturally

Download Free →



3 Ways to Improve Your Child's Sleep

Download Free →

3 Ways to Get Your Child Pooping

Download Free →

3 Steps to Smoothing Transitions

Download Free →

View All Free Guides

Cultivate Wellness is led by Dr. Zach Conner, **an** **esteemed educator and practitioner of Tabiaj Tonal Chiropractic, a gentle, highly effective** **neuro-focused approach to care.** From your first visit, expect to be embraced as part of our Cultivate Wellness family as we journey together towards a healthier, happier life.

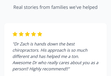
Meet Dr. Zach

MISSION:

Our team is dedicated to optimizing the body's natural power to heal, function, and perform. We provide gentle, neurologically focused care, improving the well-being of children, their families, and the broader community.

VISION:

We are cultivating a future where children, especially those with special needs, and their families find the strength, support, and transformative care they need to overcome challenges and reach their fullest potential.



Office Hours

New Patients: We have energized with Van Every Family Chiropractic Center and are no longer accepting new patients at this location. To schedule a new patient appointment with Dr. Zach, please call **(248) 516-0909**.

Please mention that you were referred by Cultivate Wellness Chiropractic to see Dr. Zach.

For Current Practice Members:
These are our office hours for existing patients.

	MORNING	AFTERNOON
M	————	————
T	————	————
W	————	————
T	————	————
F	————	3:00 - 6:30
S	8:00 - 1:00	————

CALL (248) 221-1118

What Our Patients Say

Real stories from families we've helped

★★★★★

"Dr Zach is hands down the best chiropractor. His approach is so much more than just adjustments. He cares about you as a person!! highly recommend!"

James Hawkins

★★★★★

"Dr. Zach is an amazing chiropractor! He explains things really well, cares about his clients and every adjustment has helped to ease the tension in my son's nervous system! My son loves Dr. Zach! He always has fun. Zach as my chiropractor!!"

L B

★★★★★

"Dr. Zach has a very warm and welcoming atmosphere in his office. I felt very calm and well taken care of during our session. He takes his time to understand your concerns and does an amazing job with being able to pin point those issues. He also gave me exercises to do at home and ways to keep up with progress we've made. I've had 4 sessions so far with Dr. Zach and each time I get the results I was hoping for, which makes me excited to go back!"

Destinee Vitella

Ready to Start Your Wellness Journey?

Schedule your first appointment and discover how Cultivate Wellness can transform your family's health.

Book Your Appointment →

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Experts in Drug-Free Pediatric, Prenatal, and Family Health Care! Gentle, neuro-focused chiropractic care.

Quick Links

Cultivate Wellness
Dr. Zach Conner

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Dr. Zach Conner
Rochester Hills, MI 48309
(248) 516-0909

Tabiaj Tonal Chiropractic is a gentle, neuro-focused technique developed by Dr. Marvin Tabiaj in 2001. It's a unique approach that focuses on finding and releasing "stuckness" in the nervous system of the body, rather than "correcting misalignments" or "adjusting the spine." This technique uses gentle neuro-focused responses through balancing to identify and release the "stuckness" in the nervous system. It's a very gentle, specific approach that works WITH the body's natural intelligence, allowing for lasting wellness and improved function to release these stress patterns.

Type your email...